

Rendering the flesh with Lucy Maddox

Synopsis: This workshop, geared towards both intermediate and beginner artists, will focus on creating lifelike flesh tones using a variety of techniques. Working from limited palettes up to the full spectrum, learners will focus on describing overall form as well as minute details and variations in colour. We will also increase the complexity of the subject, from studies of the back and torso to portraiture to close-up studies of the hands and feet.

Materials: For the first week, bring at least a blue and a brown (ideally Payne's Grey and Burnt Sienna, though other possibilities like Raw Umber/Burnt Umber and Ultramarine/Cobalt blue are also ok).

For later weeks, you will need the following colours:

Vermilion (or Cadmium Red) Ivory Black
Titanium White

Yellow Ochre
Quinacridone or Alizarin Crimson Azo/Nickel Azo/Indian Yellow Burnt Umber
Payne's Grey

Please bring your own surfaces to paint on. Suggested surfaces are:

Canvas paper
Canvas board
Primed board
Stretched or unstretched canvas

A live model will be present every even week. On odd weeks, we will work from photo references.

8-week structure:

Week 1

Introduction to limited palette (brown, blue and white)

- Palette testing and colour mixing Introduction to figure
- Photo reference of torso to describe form (light/shadow)

Week 2

Continuing limited palette (brown, blue and white) Continued figure studies

- Live model - focus on back/torso to describe form (light/shadow)

Week 3

Introduction to Zorn palette

- Palette testing and colour mixing Introduction to figure
- Photo reference of full body - focus on large planes of colour

Week 4

Continuing Zorn palette Continued figure studies

- Live model full body - focus on large planes of colour

Week 5

Introduction to wider palette (including other reds/yellows/browns)

- Palette testing and colour mixing Introduction to figure
- Photo reference of face - focus on smaller gradations of colour

Week 6

Continuing wider palette (including other reds/yellows/browns) Continued figure studies

- Live model (clothed portrait) - focus on smaller gradations of colour

Week 7

Continuing wider palette (creating subtle greens/greys as well as bright reds) Continued figure studies

- Photo reference of hands/feet - focus on details of creases/wrinkles and veins

Week 8

Continuing wider palette (creating subtle greens/greys as well as bright reds) Continued figure studies

- Live model (hands/feet) - focus on details of creases/wrinkles and veins