

Basics of Oil Painting and Colour Mixing with Jemma Cakebread

MATERIALS LIST

- Brushes
 - Neef or Rosemary brand hog hair brushes recommended
 - Make sure you have mostly medium and large brushes, with some detail brushes
 - Round or filbert shapes are preferred
 - Feel free to bring other brushes that you have on hand already
- Oil paint colours
 - I recommend the brands Art Spectrum/ Gamblin 1980 as a minimum standard
 - 40 mL tubes are a good starting size
- Required colours:
 - Titanium white
 - Cadmium yellow light/cadmium lemon
 - Yellow ochre
 - Cadmium red
 - Cadmium red deep
 - Burnt sienna
 - Viridian
 - Ultramarine blue
 - Ivory black
- Optional colours:
 - Cadmium yellow deep
 - Quinacridone violet
 - Cadmium orange
- Palette
 - Disposable or wood, handheld is preferred
 - Grey or wood in colour is preferred
 - Note: inexpensive wooden palettes will absorb the oil from oil paints, which makes the paint dry and difficult to use. If you have one of these, consider applying linseed oil to the surface and wiping excess off with paper towel a few times over several days. This should 'season' it and minimise further oil absorption when you do use it for painting.

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MATERIALS LIST CONT.

- Support/surface
 - Any support of your choice e.g., stretched canvas, canvas board. Make sure these are purchased from an art supply store, and that the canvas is not too rough. Rough canvases will absorb your paint and not be fun to use.
 - Oil Paper taped onto a board can be an economical option. I recommend the Art Spectrum Oil Paper Pad.
 - Any size in between 10x12 - 14x18
- Other
 - Linseed oil
 - Odourless solvent (I recommend Gamsol)
 - Double palette dipper (to hold solvent and oil while painting; alternatively, 2x small glass jars or plastic containers)
 - Masking tape
 - Paper towel
 - Palette knife (optional)
 - Separate plastic bags for dirty brushes and palette to take home
 - Small Tupperware container lined with baking paper (if you want to save leftover paint to take home)
 - Viewfinder