

Materials

Bring a photograph be suitable for a portrait. A colour printed photo is best, or you can work from an ipad or tablet **as long as you have some way of propping it up next to you at the same level as your painting as you are working.** Andrea **does not recommend** working from an iphone or similar (too small).

For guidelines on what makes a good reference photo for a portrait, refer to Andrea's guidelines here:

When choosing your reference photo for a portrait painting, choose a picture with good contrast i.e. **good darks and lights, avoid visible teeth, avoid faces that are in shadow**, or have the **light behind them**.

Here are some examples of good reference photos



and here are some that are not so good for portrait painting practise.



Materials

Oil paint colours in 40ml tubes or similar.

Titanium white
Warm yellow such as cadmium yellow
Yellow ochre
Warm red such as cadmium scarlet, or cadmium red light
Alizarin crimson
Cerulean blue or similar coolish blue
Ultramarine blue
Raw umber
Paynes grey

Brushes:

1 long-handled synthetic or bristle Filbert brush, size 4 or similar (up to 1 cm wide)
Long handled flat synthetic brushes size 10 and 6 (about 2cm and 1cm wide across the top of the brush)
1 brushes size 3 or smaller (about 5mm wide or smaller).

Flat brushes are good here, because you can use the corners for detail.

Firm synthetic brushes are best (NOT nylon or taklon brushes, which are too soft) Andrea uses Neef 95 Flat Stiff Synthetic, or Rosemary & Co Ivory Synthetic long flats. Good brushes will give you the best results.

Oil painting medium:

Odourless lean medium (at least 100ml) such as Archival brand odourless lean or classic medium

Another option is to use a mixture of linseed or other artist's oil diluted with solvent.

Odourless solvent:

For clean-up and diluting paints and mediums 500ml.

Surfaces:

2 artist boards or canvases about 30 x 40 cm. Artist quality canvas or board will yield the best results. Andrea adds an extra layer or two of gesso to her surfaces, even if new canvases are labelled as pre-primed. Andrea uses home-made mdf panels primed with

sealer, undercoat then gesso, or store-bought 'Ampersand' brand pre-primed boards (or similar brand).

Palettes:

It is important for this workshop to have a large, white palette, around A3 size. You can use clear or white Perspex, an A3 sized disposable palette, or a laminated piece of white A3 paper. You can tape to your table with some masking tape.

Other materials:

Soft cotton rags - at least 2 per day
apron
Masking tape, at least 1 inch wide
Cheap box of tissues
2 jam sized glass jars with lids

Optional:

A bottle of baby oil is good for cleaning your hands,
a roll of paper towels,
extra rags or chux wipes
Baby wipes for your palette
Disposable gloves