

Lee Machelak's Realist Oil Portraiture

Materials List

5 Day Workshop

SUPPORT:

- 2 x Stretched canvases (primed cotton or linen) or canvas boards (primed cotton or linen)
- Avoid cheap boards that have cardboard backing or stretched cotton canvas from cheap outlets.
- Suggested Sizes are 16"x20", 14"x18", 14"x16", 10"x12" etc.

MEDIUM:

- Refined linseed oil
- Odourless solvent—preferably Archival Odourless Solvent.
- Liquin or a similar drier (optional)

BRUSHES:

- Should be long handled, HOG hair. Synthetic brushes or water colour brushes are NOT suitable.
- Shape - Round and/or Filbert but NOT square
- Round brushes should come to a point otherwise they have limited use.
- Mostly large to medium sizes i.e. 12, 10, 8, 7 and 6
- Beginners you will need at least 12 brushes. An example selection could be:
- 1 x Size 12
- 2 x Size 10
- 6 x Sizes 8, 7, 6, 5 etc
- 3 x Sizes 2, 3, 4 etc
- Good brands include Neef, Holbein, and Escoda—AVOID Eterna.

PAINT

- LIMITED PALETTE—(For beginners to start)
 - Titanium White
 - Ivory Black
- FULL PALETTE—(** denotes necessary colours)
 - **Titanium White
 - **Yellow Ochre Pale (I prefer Windsor & Newton for portrait)
 - **Cadmium Yellow (Light)
 - **Cadmium Red (Medium)
 - Indian Red
 - **Burnt Sienna
 - **Alizarin Crimson
 - **Raw Umber (I prefer Windsor & Newton for portrait)
 - **Ivory Black
 - Viridian
 - **Ultramarine Blue (or French Ultramarine)
 - Cobalt Blue

PALETTE

- Large one you can comfortably hold preferably a mid tone (not white)

DIPPER

- Single dipper which holds medium and attaches to palette

MISC

- Palette Knife to clean palette
- Soft rags, plastic bags for dirty brushes etc
- Viewer (empty slide frame will do to start)
- Black Glass (hard to obtain, will explain in class)