

Five Ways to Start a Painting with Lana Daubermann

Materials List

General stuff you'll need:

- A board you can tape loose canvas to (if required)
- Sketchbook, pencil, masking tape
- Double dipper for mediums
- Palette knife
- LARGE wooden palette (natural colour, not white) – closer to A3 size than A4 if possible.
- Roll of paper towel, baby wipes and soft clean rags
- Any landscape or still life photos you'd like to work from (digital or printed)

Supports:

Linen/canvas or primed boards at whatever size you prefer to paint on is great – just keep in mind we'll be doing one new painting each week so I wouldn't recommend anything too large. Please don't bring oil paper though! Your surface needs to be something you can rub back to (canvas paper is too absorbent).

Materials for Oil Painters

Brushes:

I recommend Hog Hair brushes in varying sizes - eg 4, 6, 8, 10, 12 - I generally prefer flat and filbert, but your choice depending on the style of work you'd like to produce.

Paints:

If you're just starting out, I always recommend investing in fewer colours of the best brand you can afford. My preference is Langridge, Michael Harding, Gamblin or Winsor & Newton.

Before investing in lots of colours, I recommend starting with;

- Ultramarine Blue
- Winsor Blue (Winsor & Newton Range) or Phthalo Blue (green shade)
- Cadmium Yellow Pale or Lemon Yellow
- Alizarin Crimson
- Burnt Sienna or Light Red
- Titanium White
- Ivory Black

Nice to have's but not totally necessary to start with;

- Van Dyke Brown
- Yellow Ochre
- Indian Yellow
- Cadmium orange
- Cadmium Red or Spectrum Red (cheaper)
- Light Red
- Winsor violet
- Paynes Grey

Mediums / solvents:

- Gamblin Solvent Free Fluid Painting Medium OR Odourless lean medium (Art Spectrum) OR odourless underpainting medium (Langridge) OR Linseed Oil
- Gamsol (Gamblin range) OR Odourless solvent (Langridge or Art Spectrum)

Materials for Acrylic Painters

Brushes:

I recommend Synthetic hog hair brushes in varying sizes - eg 4, 6, 8, 10, 12 - I generally prefer flat and filbert, but your choice depending on the style of work you'd like to produce. Neef make some great synthetic brushes – look for brushes with stiffer bristles to mimic hogs hair.

Paints:

If you're just starting out, I always recommend investing in fewer colours of the best brand you can afford. My preference is Golden, Liquitex or Matisse.

Before investing in lots of colours, I recommend starting with;

- Ultramarine Blue
- Phthalo Blue (green shade)
- Cadmium Yellow Pale or Lemon Yellow or Primary Yellow
- Magenta
- Burnt Sienna
- Titanium White
- Ivory Black

Nice to have's but not totally necessary to start with;

- Alizarin Crimson or Quinacridone Red
- Van Dyke Brown
- Yellow Ochre
- Indian Yellow
- Cadmium orange
- Cadmium Red or Spectrum Red (cheaper)
- Light Red
- Dioxazine purple
- Paynes Grey

Mediums:

- Fine mist water spray bottle
- Golden Retarder or similar
- Any mediums you like to use or want to experiment with