

# Self-Portraiture in Oils with Lucy Maddox

## Class Description

From Ingres to Instagram, fine art has a long history of self-portraiture. In this five-week short course, Lucy Maddox will guide you to work from life to capture your own likeness in oils. From how to begin your painting to how to maximise your accuracy, you will learn to paint a self-portrait utilising a mirror - no photographs here!

Skills covered will include:

- Toning and preparing your ground
- Studies of value, colour and composition
- Taking measurements
- General observations for features

The course is best suited to those with some previous painting experience.

## Materials List

Learners are asked to follow safe studio practices and avoid bringing in any toxic mediums or other chemicals.

- Preferred surfaces (e.g. canvas paper, unstretched or stretched canvas, canvas boards, etc.)
- Oil paints (aim for a full spectrum palette including white, neutrals and warm and cool primaries\*)
- Brushes
- Palette knife
- Palette
- Masking tape
- Rags or paper towels
- Medium (if required) - non-toxic medium such as linseed oil preferred; ask instructor if you are unsure

Suggested palette:

- Transparent red oxide or burnt sienna
- Ivory black or Payne's grey
- Titanium white
- Warm and cool red, such as cadmium red and alizarin crimson
- Warm and cool yellow, such as yellow ochre and cadmium yellow lemon
- Warm and cool blue, such as ultramarine blue and phthalo blue

We will utilise provided mirrors in class.