

# Long Pose Painting with Lucy Maddox

## Class Description

This class offers a rare opportunity to study a model from life for one extended pose. A perfect choice for those who wish to take their time with their painting, the same model and pose will be utilised for the full 12.5 hours of the course. You will be able to complete a series of studies as well as more refined pieces with help from instructor Lucy Maddox.

With a combination of instruction and guided studio practice, the class is suitable for those with some life drawing or painting experience. The class will concentrate on painting in oils from life, with a focus on colour, value and proportion.

## Materials List

Learners are asked to follow safe studio practices and avoid bringing in any toxic mediums or other chemicals.

- Preferred surfaces (e.g. canvas paper, unstretched or stretched canvas, canvas boards, etc.)
- Oil paints (aim for a full spectrum palette including white, neutrals and warm and cool primaries\*)
- Brushes
- Palette knife
- Palette
- Masking tape
- Rags or paper towels
- Medium (if required) - non-toxic medium such as linseed oil preferred; ask instructor if you are unsure

Suggested palette:

- Transparent red oxide or burnt sienna
- Ivory black or Payne's grey
- Titanium white
- Warm and cool red, such as cadmium red and alizarin crimson
- Warm and cool yellow, such as yellow ochre and cadmium yellow lemon
- Warm and cool blue, such as ultramarine blue and phthalo blue