

## **Painting the Flesh (4-week course, November 2023)**

**Synopsis:** This short course, geared towards both intermediate and beginner artists, will focus on creating lifelike flesh tones using a variety of techniques. Working from limited palettes up to the full spectrum, learners will focus on describing overall form as well as minute details and variations in colour. A live model will be present every week.

**Materials:** For the first week, bring at least a blue, brown and Titanium White (ideally Payne's Grey and Burnt Sienna, though other possibilities like Raw Umber/Burnt Umber and Ultramarine/Cobalt blue are also good).

For later weeks, you will need:

Vermilion (or Cadmium Red)

Ivory Black

Yellow Ochre

Quinacridone or Alizarin Crimson

Azo/Nickel Azo/Indian Yellow

Burnt Umber

### **4-week structure:**

Each class is 2.5 hours

First 30 minutes: intro discussion, demonstration and practice

Rest of class: painting from live model (short and long poses)

### **Week 1**

Introduction to limited palette (brown, blue and white)

- Palette testing and colour mixing
- Toned ground / blocking in

Introduction to figure

- One-colour gesture painting - using the brush to "draw"
- Tonal studies

### **Week 2**

Introduction to Zorn palette

- Palette testing and colour mixing
- Toned ground / blocking in

Continued figure studies

- Live model full body - focus on large planes of colour

### **Week 3**

Introduction to wider palette (including other reds/yellows/browns)

- Palette testing and colour mixing

Continued figure studies

- Focus on smaller gradations of colour
- Focus on parts rather than the whole

### **Week 4**

Continuing wider palette (creating subtle greens/greys as well as bright reds)

- Palette testing and colour mixing

Portrait studies

- Clothed portrait