

Lee Machelak

MATERIALS LIST  
5 DAY WORKSHOP

SUPPORT

2 x Stretched canvases (primed cotton or linen) or  
Canvas boards (primed cotton or linen)  
Avoid cheap boards that have cardboard backing or stretched cotton canvas from  
cheap outlets. Jenny's Original Boards in Vermont, 9873 1147, make a great board  
which is relatively inexpensive.  
Suggested Sizes are 16"x20", 14"x18", 14"x16", 10"x12" etc.

MEDIUM

Refined linseed oil  
Odourless solvent—preferably Archival Odourless Solvent.  
Liquin or a similar drier (optional)

BRUSHES

Should be long handled, HOG hair. Synthetic brushes or water colour brushes are NOT  
suitable.  
Shape - Round and/or Filbert but NOT square  
Round brushes should come to a point otherwise they have limited use.  
Mostly large to medium sizes i.e. 12, 10, 8, 7 and 6  
Beginners you will need at least 12 brushes. An example selection could be:  
1 x Size 12  
2 x Size 10  
6 x Sizes 8, 7, 6, 5 etc  
3 x Sizes 2, 3, 4 etc  
Good brands include Neef, Holbein, and Escoda—AVOID Eterna.

PAINT

LIMITED PALETTE—(For Beginners to start)  
Titanium White  
Ivory Black

FULL PALETTE—(\*\* denotes necessary colours)

\*\*Titanium White  
\*\*Yellow Ochre Pale (I prefer Windsor & Newton for portrait)  
\*\*Cadmium Yellow (Light)  
\*\*Cadmium Red (Medium)  
Indian Red  
\*\*Burnt Sienna  
\*\*Alizarin Crimson  
\*\*Raw Umber (I prefer Windsor & Newton for portrait)  
\*\*Ivory Black  
Viridian  
\*\*Ultramarine Blue (or French Ultramarine)  
Cobalt Blue

PALETTE

Large one you can comfortably hold preferably a mid tone (not white)

DIPPER

Single dipper which holds medium and attaches to palette

MISC

Palette Knife to clean palette

Soft rags, plastic bags for dirty brushes etc

Viewer (empty slide frame will do to start)

Black Glass (hard to obtain, will explain in class)